## IN ACTION

How CareSearch and palliAGED can help counsellors with palliative care – published in the March newsletter of the Australian Counselling Association (ACA)

Susan Gravier (CareSearch) explains how CareSearch and palliAGED can help counsellors with palliative care.

Not always a specialised role for counsellors, the growing demand for palliative care means that counsellors are increasingly likely to see clients with palliative care needs.

A life-limiting illness provokes many choices and decisions about care. To help with these sometimes-difficult choices and decisions, CareSearch and palliAGED present trustworthy information and resources in easy-to-understand language. CareSearch provides evidence-based palliative care information across the lifespan and across the health system; palliAGED provides that information for the aged care sector.



Useful information, tools and resources can be found in the newly-refreshed <u>Allied Health section</u>. The <u>new navigation</u> <u>feature</u> helps those who are not familiar with CareSearch to quickly find relevant information.

CareSearch and palliAGED host information and resources for counsellors to offer to people in their care. The My Information Kit allows you to select factsheets to print out for your clients or their carers.

Keeping up to date with research can be time-consuming. CareSearch can help with PubMed searches on multiple topics and sections dedicated to <u>Searching for Evidence</u> and <u>Using Evidence in Practice</u>.